

TRIANGLE EXERCISE

The triangle exercise is designed to help you discover and distill the connections and intersections between your disciplines.

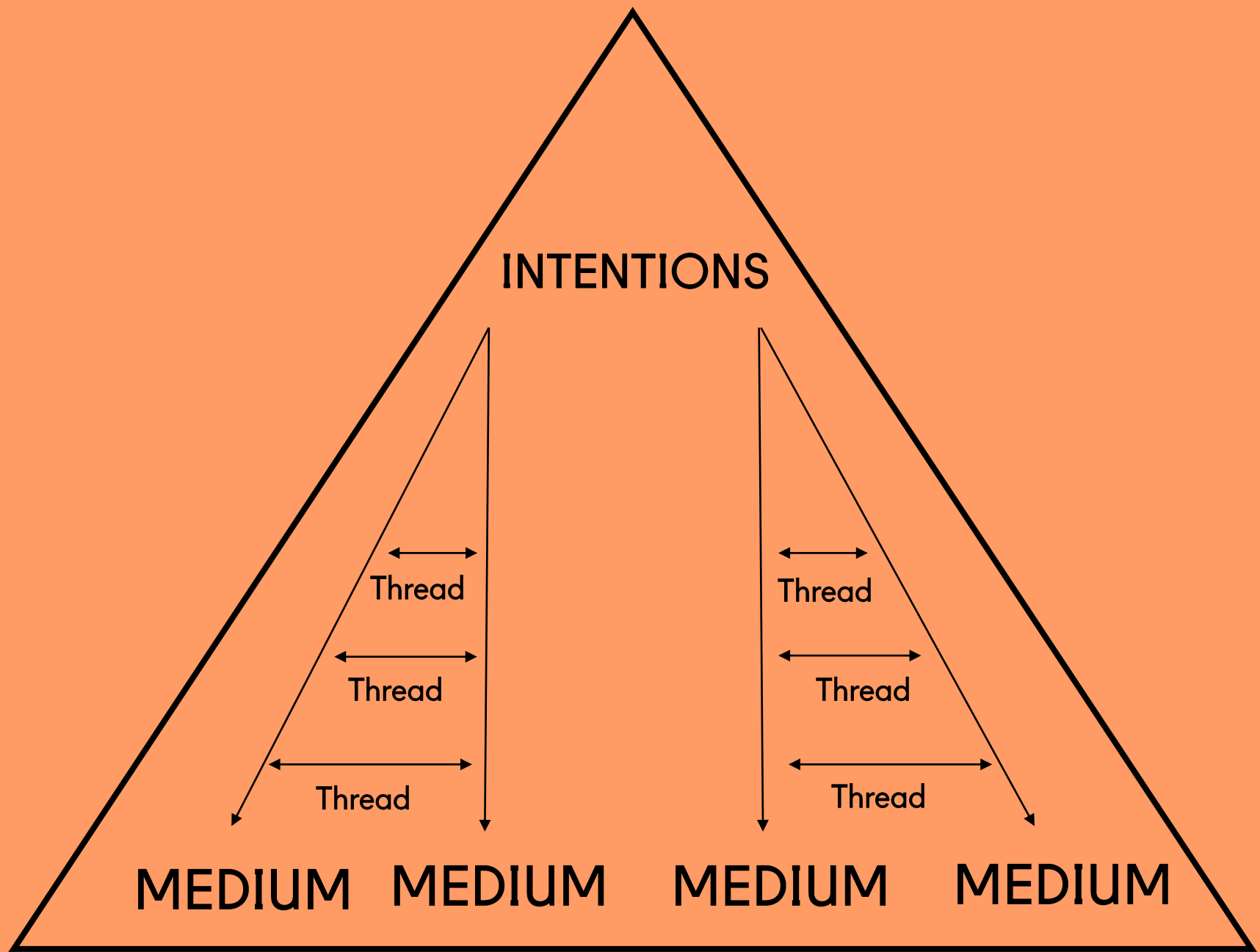
STEP 1: INTENTIONS. Write the intentions for your practice in words or phrases at the top of the triangle. See hints on page 5.

STEP 2: MEDIA. Write the media / processes you work with at the bottom.

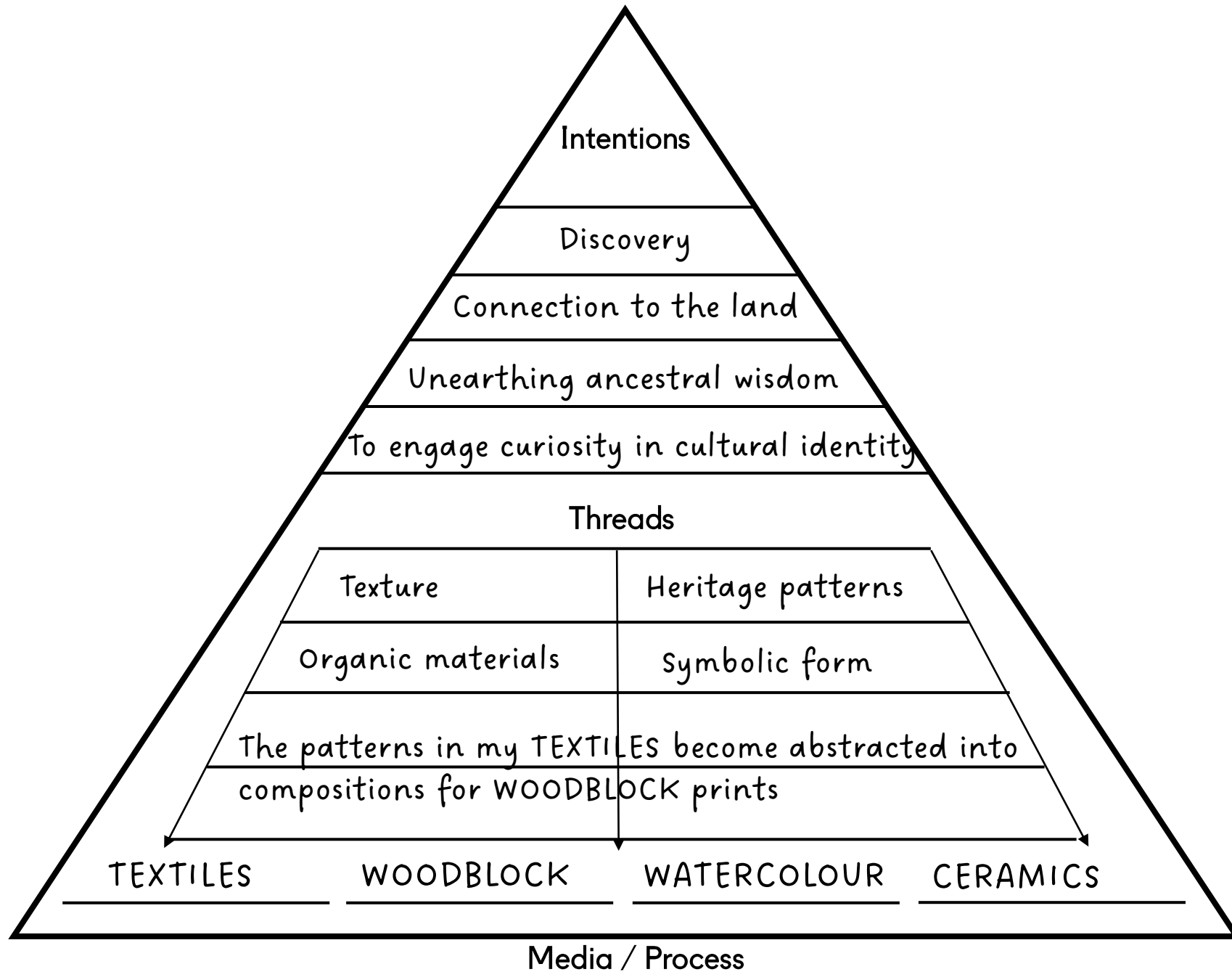
STEP 3: THREADS. Write words or phrases about how the media relate to one another in the middle. See example on page 3.

Your INTENTIONS and THREADS are the connections between your disciplines / bodies of work. Focus on these when communicating your practice.

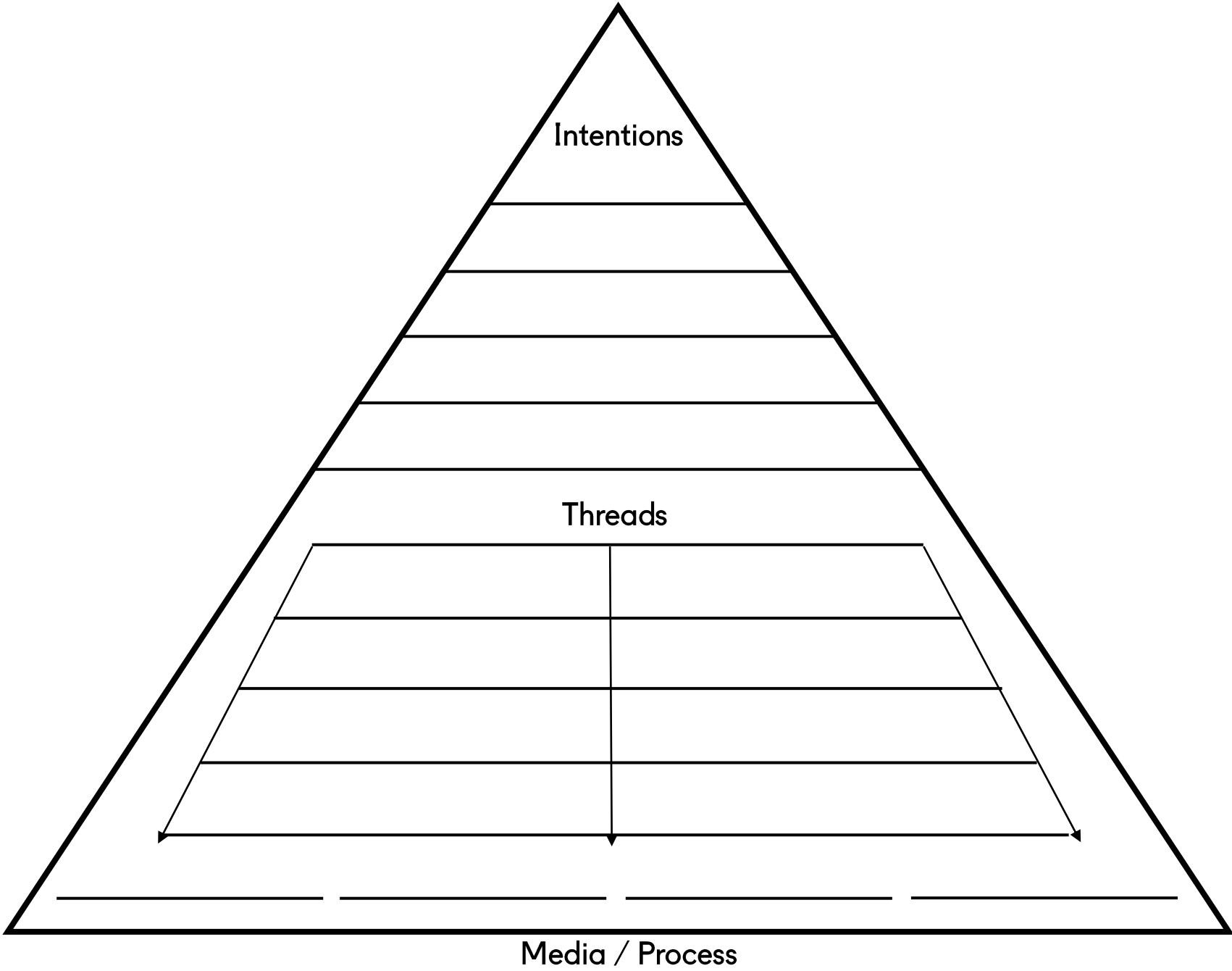




3. EXAMPLE



4. EXERCISE



WHAT ARE THE INTENTIONS FOR MY PRACTICE?

- ~ What drives my work?
- ~ What moves me to create art?
- ~ What themes do I keep coming back to?
- ~ What do I hope for my work to express / question / engage?

GOOD LUCK!

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